

Special Learning's Registered Behavior Technician (RBT) Competency Assessment Guide

(for Supervisors and Supervisee)



About Special Learning

Special Learning is a leading provider of autism and Applied Behavior Analysis (ABA) solutions. We are passionate about changing the lives of people with Autism and other special needs through our exceptional suite of educational products and services. We create comprehensive solutions that work by applying proven ABA principles in everything that we do. Thus, we can deliver a full suite of “best in class” solutions designed to make lives better for those in the special need community.

Our expertise in using leading edge technology platforms allows us to remove barriers to access to effectively deliver our educational products and services to communities around the world, without any geographic limitations. Through our “Needs Based – Pay What You Can Afford” and SL Scholarship programs, we remove financial barriers for all individuals and organizations that can benefit from our solutions.

Our goal is to **inform, educate and empower** individuals who work with people with special needs. We care very deeply about “doing the right things and doing it well.” This motivation is what drives us to pair every single product with instructional materials to teach the “whys” and “how’s” on proper usage.

We aim to educate and teach every step of the way. Special Learning’s comprehensive line of training, educational materials and virtual consultation / supervision empowers parents, educators and professionals to implement quality ABA programs

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About Special Learning's RBT® Initial Competency Assessment

Welcome to Special Learning's Initial RBT® Competency Assessment! We are honored that you have chosen us as your Competency Assessment Provider.

Special Learning's Competency Assessment is designed to support BCBA supervisors and RBT candidates through the process of completing the assessment.

At the completion of the Competency Assessment, the practitioner will demonstrate ABA techniques that align with the RBT Task List (2nd Edition) and Initial Competency Assessment (2019) requirements. (To learn more, please visit the BACB® website at: <https://www.bacb.com/rbt/>). We hope that this guide will support not only the BCBA supervisor but the RBT candidate as well in achieving the necessary standards and prepare for their exam. The aim is for the practitioner to demonstrate through role play or direct implementation with a client the following areas:

| SECTION 1: MEASUREMENT (RBT® 2nd Edition Task List- Section A) | | |
|--|--------------------------------|--------------------------------|
| ABA Modality Demonstrated | Competency Assessment # | Method of Demonstration |
| Implement Continuous Measurement Procedures (TL A-02) | 1 | Role-Play |
| Implement Discontinuous Measurement Procedures (TL A-03) | 2 | Role-Play |
| Enter Data and Update Graphs (TL A-05) | 3 | Role-Play |

| SECTION 2: ASSESSMENT (RBT® 2nd Edition Task List- Section B) | | |
|---|--------------------------------|--------------------------------|
| ABA Modality Demonstrated | Competency Assessment # | Method of Demonstration |
| Conduct a Preference Assessment (TL B-01) | 4 | Role-Play |
| Collect ABC Data (TL B-03) | 5 | Role-Play |

| SECTION 3: SKILL ACQUISITION (RBT® 2nd Edition Task List- Section C) | | |
|--|--------------------------------|--------------------------------|
| ABA Modality Demonstrated | Competency Assessment # | Method of Demonstration |
| Implement Discrete-Trial Teaching Procedures (TL C-04) | 6 | Role-Play |
| Implement Naturalistic Teaching Procedures (TL C-05) | 7 | With a Client |
| Implement Task Analyzed Chaining Procedures (TL C-06) | 8 | With a Client |
| Implement Shaping Procedures (TL C-11) | 9 | Role-Play |
| Implement Discrimination Training (TL C-07) | 10 | Role-Play |
| Implement Stimulus Control Transfer Procedures (TL C-08) | 11 | Role-Play |
| Implement Prompt and Prompt Fading Procedures (TL C-09) | 12 | With a Client |
| Implement Token Systems (TL C-12) | 13 | Role-Play |

| SECTION 4: BEHAVIOR REDUCTION (RBT® 2nd Edition Task List- Section D) | | |
|--|--------------------------------|--------------------------------|
| ABA Modality Demonstrated | Competency Assessment # | Method of Demonstration |
| Implement Crisis/Emergency Procedures According to Protocol (TL D-06) | 14 | Role-Play |
| Implement Interventions Based on a Modification of Antecedents such as Motivating/Establishing Operations and Discriminative Stimuli (TL D-03) | 15 | Role-Play |

| SECTION 5: DOCUMENTATION AND REPORTING (RBT® 2nd Edition Task List- Section E) | | |
|---|--------------------------------|--------------------------------|
| ABA Modality Demonstrated | Competency Assessment # | Method of Demonstration |
| Generate Objective Session Notes by Describing What Occurred During Sessions (TL E-04) | 16 | Role-Play |
| Clinical Direction: Describe at least one situation in which you'd seek clinical direction from your supervisor (TL E-02) | 20 | Interview |

| SECTION 6: PROFESSIONAL CONDUCT AND SCOPE OF PRACTICE (RBT® 2nd Edition Task List- Section F) | | |
|---|--------------------------------|--------------------------------|
| ABA Modality Demonstrated | Competency Assessment # | Method of Demonstration |
| Client Dignity: Provide examples of how to maintain client dignity (TL F-05) | 17 | Interview |
| Professional Boundaries: Provide examples of how to maintain professional boundaries (TL F-04) | 18 | Interview |
| Supervision Requirements: Describe BACB® Supervision Standards for RBTs® | 19 | Interview |

RBT® Initial Competency Assessment Pre-requisites:

To be in accordance with the BACB® standards, each practitioner must provide proof of the following prior to starting the RBT® Initial Competency Assessment:

1. Be at least 18 years of age or older.
2. Possess a minimum of a High School Diploma, General Education Degree (G.E.D.) or equivalent.
3. Successfully passed the 40-hour RBT Course based off the RBT Task List (2nd Edition)
 - The 40-hour RBT Training must be completed in 180 days
 - Please Note: You will have an additional 180 days from when you pass the 40-hour RBT course to complete the other items to be eligible for the BACB® RBT® Exam (I.e. competency assessment, background check, register with BACB® site)
4. Secure a Supervisor (BCBA-D, BCBA, or BCaBA) prior to sitting for the BACB's RBT Exam (The supervisor will complete ongoing supervision of the RBT after becoming certified through the BACB in accordance with the *Professional Ethical Compliance Code for Behavior Analysts and the RBT Ethics Code*). According to the BACB new supervision rules, the supervisor needs to be employed at the same organization as the RBT candidate.
5. Complete a background check.
 - Background check must be less than 180 days old from when you apply for the RBT Exam through the BACB
6. Be prepared to take the RBT Exam through the BACB within 90 days or less of successfully passing this Initial Competency Assessment.

RBT® Initial Competency Assessment Scoring and Evaluation:

To maintain the integrity of the field of Applied Behavior Analysis and evaluate your areas of competency in working with individuals with disabilities, the Initial Competency Assessment requires that the practitioner scores 100% on the Competency Assessment. Here is a proposed assessment scoring that can support you through the process.

1. The Competency Assessment could consist of 6 sections and 20 items.
2. Each item is worth 5 points.
3. The Competency Assessment has a max value of 100 points
4. Each section is worth 10-40 points each
 - Section 1 (Measurement) = 15 points
 - Section 2 (Assessment) = 10 points
 - Section 3 (Skill Acquisition) = 40 points
 - Section 4 (Behavior Reduction) = 10 points
 - Section 5 (Doc. & Reporting) = 10 points
 - Section 6 (Scope of Practice) = 15 points
5. To Pass the Competency Assessment you must earn all 100 points.
6. If the practitioner fails any portion of the Competency Assessment, the practitioner will receive feedback from the qualified assessor. The practitioner will be given one more opportunity to re-try portions of the Competency Assessment no earlier than 24 hours from the feedback report from the qualified assessor.

Sequencing of the RBT® Initial Competency Assessment:

1. The RBT® Initial Competency Assessment will start with an Introduction Video found in your account. Please be aware that this resource was developed when Special Learning was able to offer virtual competency assessment. Therefore, some of the language in the videos might be referring to that. However, as the BACB has created the rule that the supervisor and supervisee need to be working at the same organization, we aim to offer these resources to support you in the process.
2. The Introduction Video will provide you with the expectations on how-to complete the Competency Assessment and provide you with the next steps for completing the Competency Assessment, along with this Guide and supplemental materials and templates that will be required to complete the Competency Assessment.
3. Your supervisor should be able to support you through the process however if you have any questions do not hesitate to contact us at: contact@special-learning.com
4. If you are a supervisor, you can share this handbook with the RBT candidate and offer them the videos to practice. We understand that it is not always possible to complete some of these procedures with clients therefore we have created a video library for role play opportunities.

5. For Section 1:

- A. This section will cover measurement and data collection procedures.
- B. Log into your account and watch the following videos:
 - *Section I-Continuous Measurement Competency Assessment Role-Play*
 - *Section I-Discontinuous Measurement Competency Assessment Role-Play*
- C. Complete the following documents using the videos:
 - *CA#1_Continuous Measurement Data Collection*
 - *CA#2_Discontinuous Measurement Data Collection*
 - *CA#3_Graphing Template (Excel File)*

6. For Section 2:

- A. This section will cover Assessment procedures.
- B. Complete a Video Recording of yourself conducting a Preference Assessment with a peer as a Role-play or demonstrate with a client.
- C. Log into your account and watch the following videos:
 - *Section II- Behavioral Observation Competency Assessment Role-Play*
- D. Complete the following documents using the videos:
 - *CA#5_ABC Data Collection*

7. For Section 3:

- A. This section will cover Skill Acquisition procedures.
- B. Complete Video Recording (this can also happen in vivo with your supervisor observing) of yourself conducting the following procedures with a peer as Role-play (programming sample will be provided) or demonstrate with a client:
 - *CA #6_Discrete-Trial Teaching*
 - *CA #9_Shaping*
 - *CA #10_Discrimination Training*
 - *CA #11_Stimulus Control Transfer*
 - *CA#13_Token Systems*
- C. Complete Video Recording (this can also happen in vivo with your supervisor observing) of yourself conducting the following procedures with your client as demonstration “with a client” (programming sample will be provided):
 - *CA#7_Naturalistic Teaching*
 - *CA#8_Chaining*
 - *CA#12_Prompting*

8. For Section 4:

- A. This Section will cover Behavior Reduction procedures.
- B. Complete Video Recording(s) of yourself conducting the following procedures with a peer as Role-play (programming sample will be provided):
 - *CA #14_Crisis/Emergency*
 - *CA #15_Antecedent Interventions*

9. For Sections 5 and 6:

- A. These sections will cover Professionalism and Requirements protocols and procedures.
- B. Complete a Session Note based off a provided sample case scenario (Session Note template will be provided).
 - CA #16_ Session Note
 - CA #17_ Client Dignity
 - CA #18_ Professional Boundaries
 - CA #19_ Supervision Requirements
 - CA #20_ Clinical Direction
- C. Please note that Competency Assessment #17, #18, #19, #20 will be one file named CA#17to20_Interview

How to Have a Successful RBT® Initial Competency Assessment:

1. Read this packet in its entirety prior to starting the RBT Competency Assessment.
2. Throughout your RBT course, all of the elements on the Competency Assessment should have been covered. If you do not feel comfortable with the materials required in this packet, please feel free to check out the corresponding modules found in our RBT 2.0 Course. To see a listing of available modules, kindly go here: [RBT SOLUTIONS](#)
3. Pre-plan a schedule in completing the Competency Assessment in multiple sittings. As one might be able to complete this Competency Assessment in one sitting, the purpose of the Competency Assessment is taking what you have learned from your coursework then have the ability to apply it in the “real world” with your clients ethically and effectively.
4. If at any time you have a question about the Competency Assessment please contact us at contact@special-learning.com.
5. If you require technical support, please contact us at Contact@Special-Learning.com.

Templates Provided to Complete the RBT® Initial Competency Assessment:

1. CA#1_ Continuous Measurement Data Collection *(found in Appendix B of this document)*
2. CA#2_ Discontinuous Measurement Data Collection *(found in Appendix B of this document)*
3. CA#3_ Graphing Template (Excel File) *(found in your account as a downloadable tool)*
4. CA#5_ ABC Data Collection *(found in Appendix C of this document)*
5. CA#16_ Session Note *(found in Appendix D of this document)*